

**Resource for Minor Prophet Major Issues: Amos
Martin Luther King Jr.
"Principles of Non-Violence"**



- 1) **Nonviolence is a way of life for courageous people.**
 - It is active nonviolent resistance to evil.
 - It is assertive spiritually, mentally and emotionally.
 - It is always persuading the opponent of the justice of your cause.

- 2) **Nonviolence seeks to win friendship and understanding.**
 - The end result of nonviolence is redemption and reconciliation.
 - The purpose of nonviolence is the creation of the Beloved Community.

- 3) **Nonviolence seeks to defeat injustice, not people.**
 - Nonviolence willingly accepts the consequences of its acts.

- 4) **Nonviolence holds that voluntary suffering can educate and transform.**
 - Nonviolence willingly accepts the consequences of its acts.
 - Nonviolence accepts suffering without retaliation.
 - Nonviolence accepts violence if necessary, but will never inflict it.
 - Unearned suffering is redemptive and has tremendous educational and transforming possibilities.
 - Suffering can have the power to convert the enemy when reason fails.

- 5) **Nonviolence chooses love instead of hate.**
 - Nonviolence resists violence of the spirit as well as of the body.
 - Nonviolent love gives willingly, knowing that the return might be hostility.
 - Nonviolent love is active, not passive.
 - Nonviolent love does not sink to the level of the hater.

- Love for the enemy is how we demonstrate love for ourselves.
- Love restores community and resists injustice.
- Nonviolence recognizes the fact that all life is interrelated.

6) **6. Nonviolence believes that the universe is on the side of justice.**

- The nonviolent resister has deep faith that justice will eventually win.